



Course Selection Guide
Grades 10 – 12
2026-2027

“Home of the Islanders”

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MISSION STATEMENT

Our school provides learning opportunities enabling students and staff to achieve personal excellence and pursue their passions in an inclusive, supportive, and respectful environment. We educate students by teaching skills and modeling attitudes needed to become successful lifelong learners and responsible, caring school and global citizens. Our school honours dignity, purpose, and options for all.



Notre école offre des opportunités d'apprentissage permettant aux élèves et aux enseignants d'atteindre leur plein potentiel et de poursuivre leurs passions et leur apprentissage à long terme dans un milieu intégré, positif et respectueux. Notre enseignement inclut l'acquisition des connaissances ainsi que le modèle des comportements nécessaires au développement d'individus respectueux, responsables et attentionnés, aussi bien sur le plan scolaire que social. Notre école fait honneur à la dignité, aux choix et aux buts de tous et toutes.

Ms. R. Bartlett
Principal

Ms. E. Kemp
Vice-Principal

Mr. A. Halsall
Vice-Principal

Mr. J. Hasenauer
Vice-Principal

Please Note: At the time of printing, the information in this course calendar is believed to be correct. Changes that occur after printing will be communicated during course selection time and throughout the year as necessary.

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Graduation Planning Sheet- English Program

Grade 10 Requirements	Credits	
English 10 (two English Courses that are two credits each)	4	Total Credits (Min. 24)
Social Studies 10	4	
Science 10	4	
Math 10	4	
PHE 10	4	
Career Life Education 10	4	
_____10	4	
_____10	4	
Grade 11 Requirements	Credits	
English 11	4	Total Credits (Min. 16)
Social Studies 11/12	4	
A Science 11	4	
A Math 11	4	
_____11/12		
_____11/12		
_____11/12		
_____11/12		
Career Life Connections 12 (4 credits – a required course that can be taken in grade 11 or 12)		
Grade 12 Requirements	Credits	
English 12	4	Total Credits (Min. 16)
_____12	4	
_____12	4	
_____12	4	
_____12		
_____12		
_____12		
_____12		
Career Life Connections 12 (4 credits – a required course that can be taken in grade 11 or 12)		
Graduation Requirements		
Must complete all required courses (48 Credits) (1) 4 Credit course must be a Fine Art/Applied Skill Minimum 16 Credits @ Grade 12 level Overall minimum credits equal 80		

Graduation Planning Sheet- French Immersion Students

Grade 10 Requirements		Credits	
English 10		4	Total Credits (Min. 24)
Sciences humaines 10		4	
Français langue seconde: immersion 10		4	
Sciences naturelles 10		4	
Mathématiques 10 (only available in English)		4	
Physical Health Education 10		4	
Career Life Education 10		4	
_____10			
Grade 11 Requirements		Credits	
English 11		4	Total Credits (Min. 16)
Communication orale <u>or</u> Études du cinéma et de la littérature		4	
Sciences naturelles 11 (only available in English)		4	
Mathématiques 11 (only available in English)		4	
_____11			
_____11			
_____11			
Career Life Connections 12 (4 credits – a required course that can be taken in grade 11 or 12 – can be taken in French or English)			
Grade 12 Requirements		Credits	
English 12		4	Total Credits (Min. 16)
Français langue 12		4	
Géographie humaine 12 ou Histoire du XXe siècle 12 (in French) ou CLC 12 en français		4	
_____12		4	
_____12			
_____12			
_____12			
_____12			
Career Life Connections 12 (4 credits – a required course that can be taken in grade 11 or 12 – can be taken in French or English)			
Graduation Requirements			
*Please view specific French Immersion graduation requirements on Pg. 29 for further details.			
Must complete all required courses (48 Credits) (1) 4 Credit course must be a Fine Art/Applied Skill Minimum 16 credits @ Grade 12 Overall minimum credits equal 80		A total of 3 courses must be taken in French at the grade 11/12 level including Communication orale 11 and Français langue 12 (choose CLC 12 French, Forensic Science or Géographie Humaine 12 as 3rd)	

DISTRICT PROGRAMS

CTC (Career Pathways)

CTC programs help students explore “in-demand” careers, gain hands-on training, and earn post-secondary credits while in high school. Visit www.ctc-careerpaths.ca or speak with a CTC advisor for details.

DUAL CREDIT – YOUTH TRAIN IN TRADES

Grade 12 students can earn high school and post-secondary credits while completing the first year of a Red Seal trade or certification. Tuition is covered; students pay for books and supplies. Programs include Automotive, Carpentry, Electrical, Hairdressing, Health Care Assistant, Welding, and more. Apply early—spaces fill quickly. Some applicants may need a VIU assessment.

YOUTH EXPLORE TRADES SAMPLER (formerly Discovery Trades)

Offered at VIU in fall and spring, this program provides hands-on experience in trades like welding, carpentry, and automotive. Includes Career Life Connections, work experience, and certifications such as First Aid and Construction Safety. Indigenous and all-female cohorts are often available. Apply early—spots are limited.

DUAL CREDIT – ENRICHMENT - VIU

Grade 11 students can take VIU courses during Grade 12 to prepare for post-secondary and gain priority registration. Up to two courses per semester are allowed. Tuition is covered; students pay fees and materials. Applications open in February and close in March.

YOUTH WORK IN TRADES (formerly Secondary School Apprenticeship Program).

Students ages 15–19 can earn up to 16 high school credits and ITA work-based training hours while working with an approved employer. Complete 900 hours before age 19 to qualify for a \$1000 award. Registration is ongoing.

ISLAND CONNECT ED

Island ConnectEd offers flexible, self-paced learning for Grades 10–12 with options for online courses, in-person support, and cross-enrollment. Students can work from home, attend on-site, or schedule an embedded block at their high school. Visit <https://islandconnected.sd68.bc.ca/> or call **250-756-9901** to register.

FOUNDATIONS COURSES

ENGLISH 10

ENGLISH LANGUAGE ARTS 10 is offered in three combinations. Students will take one of the following:

- EFP: Literary Studies & Creative Writing
- EFP: Literary Studies & New Media
- EFP: Literary Studies & Composition
- EFP: Literary Studies & Spoken Language

ENGLISH FIRST PEOPLES: LITERARY STUDIES 10 (MEFLS10) (REQUIRED)

Explore literature through themes, authors, and cultures, including works in various media. This course is ideal for students interested in deepening their understanding of literary studies.

CREATIVE WRITING 10 (MEFWR10)

Develop your writing skills through personal and cultural stories, memories, and connections to place. Work individually and in groups to create meaningful, engaging compositions while exploring and refining writing processes.

NEW MEDIA 10 (MEFNM10)

Learn essential digital literacy skills for today's world by exploring how technology and media shape communication. Create and share ideas using a mix of digital and print formats to build confidence in an increasingly connected society.

COMPOSITION 10 (MEFCP10)

Refine your writing skills by creating original pieces for different purposes and forms. Work individually and collaboratively to explore, develop, and improve your compositions in a variety of contexts.

SPOKEN LANGUAGE (MEFSL10)

Build confidence in oral communication and self-expression through speeches, presentations, and in-class performances. Work individually and in groups to create engaging spoken texts for a variety of purposes.

ENGLISH 11

CREATIVE WRITING 11 (MCTWR11)

Express yourself through creative writing while exploring different styles and techniques. Collaborate with peers and refine your skills through writing and design processes to create original, engaging work.

COMPOSITION 11 (MCMPS11)

Refine your writing skills by creating original pieces for different purposes and forms. Work individually and collaboratively to explore, develop, and improve your compositions in a variety of contexts.

ENGLISH FIRST PEOPLES: LITERARY STUDIES 11 (MEFLS11)

Students delve deeply into First Peoples oral and written literature in a range of media to explore various themes, authors, and topics. Students work individually and collaboratively to learn how to create powerful, purposeful compositions and reflections. **This course meets the NEW graduation requirement of 4 credits of Indigenous-focused coursework.**

NEW MEDIA 11 (MNMD-11)

Develop advanced digital literacy skills by exploring how technology and media shape communication. Create and share sophisticated ideas using a variety of digital and print formats to prepare for success in today's digital world.

ENGLISH 12

ENGLISH LANGUAGE DEVELOPMENT 10-12 (YLE--0A--S)

Students with beginner level language learners will learn to read, write, listen to, and speak English. Students will be introduced to a wide variety of reading material that embraces cultural diversity as well as expand on their Canadian experience. This course provides a supportive environment to help students feel more prepared for communicating in a school environment.

ENGLISH FIRST PEOPLES 12 (MENFP12)

Working with a wide variety of texts and media, students study First Peoples oral and written literature using an Indigenous lens to explore how storytelling and language shape identity, culture, and ways of understanding the world. The course develops strong critical and creative thinking skills while supporting students in refining and strengthening their writing. This course is academically equivalent to English 12. **This course meets the NEW graduation requirement of 4 credits of Indigenous-focused coursework.**

SENIOR ENGLISH ELECTIVES

These are not required for graduation but can be used for grade 12 elective credits.

LITERARY STUDIES 12 (MLTST12)

Explore complex literary works across themes, genres, and cultures while preparing for post-secondary expectations. This course emphasizes advanced reading strategies and college-style writing, including analytical essays, research papers, and critical summaries.

CREATIVE WRITING 12 (MCTWR12)

Develop polished short story writing across diverse genres while exploring personal technique. Collaborate in a writer's workshop, keep a writer's notebook, and refine your journaling style to create impactful, meaningful work for real-world audiences.

SOCIAL STUDIES 10

To graduate, you must complete Social Studies 10 and a Social Studies 11 OR 12 core course.

SOCIAL STUDIES 10 (MSS--10)

Explore Canada's history through four big ideas: global and regional conflicts, political development, diverse perspectives on society, and the impact of historical injustices. Topics may include Canadian autonomy, multiculturalism, First Peoples, government models, and resource management.

SOCIAL STUDIES 11/12 CORE COURSES

Students must complete **one** of the following Social Studies courses to graduate. All courses below are open to both grade 11 and 12 students.

EXPLORATIONS IN SOCIAL STUDIES 11: WORLD TOPICS (MEPSS-11)

This course introduces key Social Studies topics to prepare you for Grade 12 options. You'll explore areas like 20th Century History, Geography, Social Justice, Politics, and Economics. Completing this course meets your Social Studies graduation requirement.

EXPLORATIONS IN SOCIAL STUDIES 11: MILITARY HISTORY (MEPSS11MHS)

Explore the history of warfare from 800 BCE to 1900 CE in North America and Europe. Learn how wars were fought, study famous battles, and see how military systems evolved—from Ancient Greece and Rome to the American Civil War. This course is for students with a strong interest in history.

CONTEMPORARY INDIGENOUS STUDIES 12 (MINST-12)

What does it really mean to know who you are, and where you come from? This project-based course invites students to explore the rich and diverse identities of Indigenous peoples around the world and see how family, relationships, language, culture, and the land are deeply connected in both the present and throughout history. Using Indigenous ways of knowing and being, students will learn that there is no single Indigenous experience—each community has its own worldview, traditions, and ways of understanding the world. **Open to both grade 11 and 12 students. Meets NEW graduation requirement of 4 credits of Indigenous-focused course work.**

20TH CENTURY WORLD HISTORY 12 (MWH--12)

This course will consist of three big ideas when looking at the 20th Century: nationalist movements creating or alleviating conflict, personal and national identities, and new economic and political systems. Content could include WWI, WWII, the Cold War, rise of authoritarian regimes, global cooperation, and human rights movements.

LAW STUDIES 12 (MLST-12)

This course will consist of four big ideas: understanding legal rights and responsibilities, laws can maintain the status quo or be a force for change, laws affect daily life, and the interpretation of laws can change over time. Course content could include criminal, civil and family law, Canada's constitution, and Canada's correctional system.

POLITICAL STUDIES 12 (MPLST12)

Learn how political decisions are made and how power, institutions, and ideology shape outcomes. Topics include democracy, elections, media, constitutions, Indigenous governance, international organizations, and political scandals. Current events at all levels will be part of the discussion.

GENOCIDE STUDIES 12 (MGENO12)

This course will consist of four big ideas: what does genocide mean, genocide can be disrupted and resisted, attempts at genocide still occur, and similarities between different genocidal events. Content could include conditions for genocide, international responses to genocide, including during and after the event, and acts of genocide throughout history.

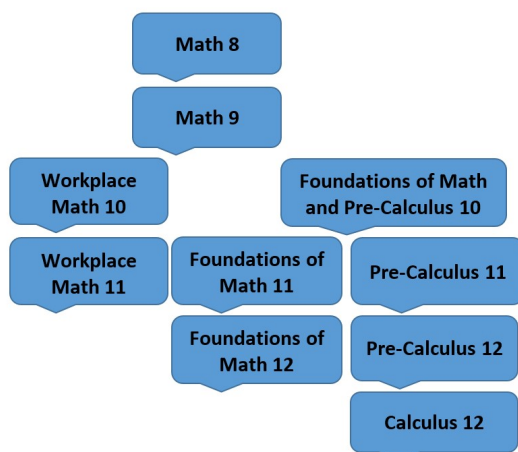
PHILOSOPHY 12 (MPHIL12)

This course will consist of four big ideas: what is philosophy, investigating meaning and understanding of ideas, using philosophy to better understand your own beliefs, and using philosophy to place value to answers through reasoned thought. Content could include methods of reasoning and argument, theories of justice, freedom, morality and ethics, and theories about the nature of reality.

SOCIAL JUSTICE 12 (MSJ--12)

Social Justice 12 is a collaborative, project-based course where students explore social justice issues such as racial justice, gender equality, LGBTQ+ rights, and environmental justice. Students work together on projects, discussions, and real-world examples to learn how people create positive change. Open to Grade 11 and Grade 12 students.

MATHEMATICS 10



WORKPLACE MATH 10 (MWPM-10)

This pathway is designed to provide students with the mathematical understanding and critical thinking skills identified for entry into most trades and for direct entry into the workforce. Note that this pathway does not meet post-secondary admission requirements; however, it does meet graduation requirements. Upon successfully completing this course, students will enroll in Workplace Math 11.

FOUNDATIONS AND PRE-CALCULUS MATH 10 (MFMP-10)

This pathway is designed to provide students with mathematical understandings and critical-thinking skills identified for post-secondary studies. A Proficient in Math 9 is recommended.

Upon completing this course, students can enroll in Foundations Math 11 OR Pre-Calculus Math 11.

MATHEMATICS 11

WORKPLACE MATH 11 (MWPM-11)

This pathway is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into most trades and for direct entry into the workforce. **Note that this pathway does not meet post-secondary admission requirements;** however, it does meet graduation requirements.

FOUNDATIONS MATH 11 (MFOM-11)

This pathway is designed to provide students with the mathematical understandings and critical-thinking skills identified for post-secondary studies in programs that do NOT require the study of theoretical calculus. Students who are planning to pursue post-secondary studies in math, engineering or sciences should take Pre-Calculus 11.

PRE-CALCULUS 11 (MPREC11)

This pathway is designed to provide students with the mathematical understandings and critical-thinking skills identified for entry into post-secondary programs that require the study of theoretical calculus. Students who are planning on pursuing post-secondary studies in math, engineering or sciences should take Pre-Calculus 11 and 12, and then Calculus 12.

MATHEMATICS 12

You do not require a Math 12 for graduation, these are electives that may be required for post-secondary.

FOUNDATIONS MATH 12 (MFOM-12)

This course will build on topics covered in Foundations Math 11. This course is strongly recommended for students who are planning on pursuing post-secondary studies in the arts or the humanities. Students who are planning on pursuing post-secondary studies in math, engineering or sciences should take Pre-Calculus 11 and 12.

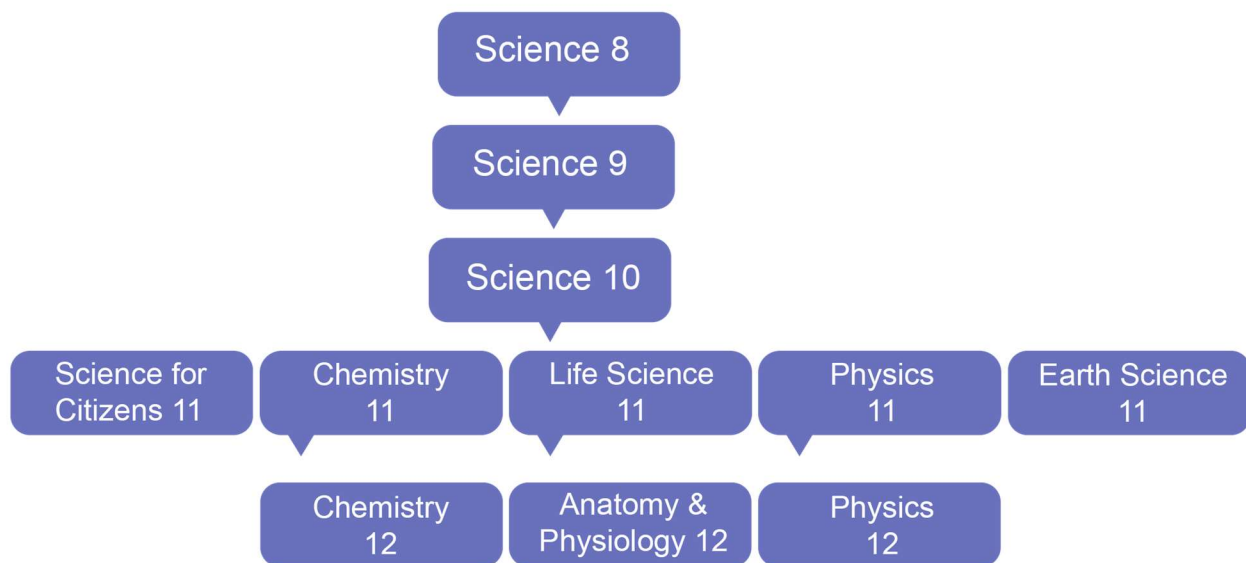
PRE-CALCULUS 12 (MPREC12)

This course is strongly recommended for students who are planning on pursuing post-secondary studies in math, engineering, or sciences. Topics studied in this course will build on those covered in Pre-Calculus 11 and further prepare students for Calculus 12.

CALCULUS 12 (MCALC12)

This course is designed to give students an introduction to first year calculus at the university level. It is highly recommended for students who plan to take a science, engineering or commerce degree at a college or university.

SCIENCE



To graduate you must complete the Gr. 10 science course. You must also complete a second Science course at the grade 11 or 12 level.

SCIENCE 10 (MSC--10)

Students will learn that genes are the foundation for the diversity of living things, chemical processes require energy change as atoms are rearranged, energy is conserved and its transformation can affect living and the environment, and the formation of the universe can be explained by the Big Bang theory.

SCIENCE FOR CITIZENS 11 (MSCCT-11)

Science For Citizens course focuses on real-world, practical applications of science. Students explore personal and public health, workplace safety, and the impact of technology on daily life. The course emphasizes human impact on Earth's systems and how individual and societal decisions affect local and global environments.

LIFE SCIENCES 11 (MLFSC11)

Biology 11 is a fun, hands-on "survey course", intended to give students an understanding of the many different forms of living things and how living things came to be. As well as ecology and evolution, the course covers the three domains (Bacteria, Archaea, and Eukarya) and the six kingdoms (Bacteria, Archaea, Protista Fungi, Plantae and Animalia.)

EARTH SCIENCE 11 (MESC-11)

Earth Science 11 is an introductory course that explores geology, astronomy, and how human activity interacts with Earth's processes and resources. Students develop an understanding of the forces shaping Earth's surface and subsurface through hands-on classwork, labs, and project-based learning.

CHEMISTRY 11 (MCH--11)

Chemistry 11 concentrates on theory, problem-solving, and experimentation in a cooperative learning setting. Much of this theory is related to the Mole concept and its relationship to stoichiometry.

PHYSICS 11 (MPH--11)

Physics 11 is an introductory course that focuses on the principles and theories of physics. Topics include the basics of motion, forces, momentum, energy, power, waves, light, and electricity.

ANATOMY AND PHYSIOLOGY 12 (MATPH12)

The course covers biological molecules and their structure, functions and operations. Followed by the human organ systems: digestive, circulatory, respiratory, nervous, urinary, and reproductive systems. Life Sciences 11 is not a prerequisite for Anatomy and Physiology 12, however Life Sciences 11 and Anatomy and Physiology 12 are REQUIRED for students applying to 1st year sciences.

CHEMISTRY 12 (MCH--12)

The course concentrates upon in-depth study of three concept areas: reaction mechanisms, Bronsted-Lowry acid-base theory, and oxidation.

PHYSICS 12 (MPH--12)

Physics 12 allows for a deeper understanding of classical mechanics and electromagnetism in multiple dimensions using vectors and fields to solve practical real-world situations.

CAREER EDUCATION

CAREER LIFE EDUCATION 10 (MCLE-10)

This course helps you plan your life and career journey in meaningful, goal-oriented ways. You'll explore self-discovery, skill development, and learning through school, work, and personal experiences.

CAREER LIFE CONNECTIONS 12 (MCLC-12)

This course can be taken during the second semester of grade 11 or first semester of grade 12. It is a 4 credit course and a graduation requirement.

CLC helps you reflect on your interests and strengths while exploring future career opportunities. You'll complete a major Capstone project that showcases your learning journey, skills, and passions through self-assessment, project design, and a final presentation.

PHYSICAL & HEALTH EDUCATION

PHYSICAL AND HEALTH EDUCATION 10 (MPHED10)

Develop the skills, knowledge, and attitudes for an active, healthy lifestyle. You'll participate in a variety of activities while focusing on physical literacy, healthy living, social and community health, and mental well-being.

PHYSICAL AND HEALTH EDUCATION: FITNESS AND CONDITIONING 10 (MPHED10FTS)

This course focuses on strength and fitness training while promoting a healthy, active lifestyle. You'll learn the basics of training and nutrition, set personal fitness goals, and follow a personalized workout plan. Core ideas include physical literacy, healthy living, social health, and mental well-being.

PHYSICAL AND HEALTH EDUCATION 10-12 : GROUP FITNESS (MPHED10GFS, MFTCD11GFS, MFTCD12GFS)

This course takes place in the dance studio and focuses on yoga, Pilates, and boot camp-style workouts. You'll build strength and flexibility while learning breathing, relaxation, and healthy living habits, including nutrition and wellness choices.

PHYSICAL AND HEALTH EDUCATION 10: FLAG FOOTBALL FOCUS (MPHED10FBS)

Learn the fundamentals and advanced skills of flag football, an inclusive, non-contact sport growing worldwide and set to debut in the 2028 Olympics. This course combines fitness, conditioning, nutrition, and strategy while building teamwork and transferable skills for other sports and careers.

PHYSICAL AND HEALTH EDUCATION: ACTIVE LIVING 11 & 12 (MACLV11) & (MACLV12)

These elective courses build on activities from PE 8–10 and focus on lifelong fitness and healthy living. You'll develop the knowledge, skills, and attitudes needed to make physical activity part of your daily routine and leisure time.

PHYSICAL AND HEALTH EDUCATION: FITNESS AND CONDITIONING 11 & 12 (MFTCD11) & (MFTCD12)

Focus on strength training, fitness, and nutrition while setting personal goals for improvement. You'll learn the basics of training and create a personalized workout plan to build lifelong habits for a healthy, active lifestyle.

PHYSICAL AND HEALTH EDUCATION: BASKETBALL 11 & 12 (MACLV11B-S) & (MACLV12B-S)

Designed for students passionate about basketball, this course focuses on advanced individual skills, team concepts, and drills. Expect competitive, sport-specific training with some non-basketball activities for overall fitness.

PHYSICAL AND HEALTH EDUCATION: VOLLEYBALL 11 & 12 (MACLV11V-S) & (MACLV12V-S)

The foundation of this course will be to acquire advanced volleyball skills and strategies: individual and team defense, blocking, setting, serving, and individual and team offense in both indoor and outdoor volleyball. Sport specific training is included and will cover core strength training, flexibility, speed and agility. This course is based on the Sport Education Model of growth and development. All students will also learn volleyball officiating, score keeping and rules so students may act as minor officials and scorekeepers for league and tournament matches. Introductory coaching techniques will be taught, and students will have the opportunity to show leadership by teaching skills to their peers outside of school.

SPORTS ACADEMIES



NLPS Beach Volleyball Academy, NLPS Soccer Academy, NLPS Hockey Academy, NLPS Lacrosse Academy.

All four sports academies located at NDSS are Nanaimo Ladysmith Public Schools Academies and follow the district guidelines for programs of choice. Students wishing to join an academy need to follow the district process. ***Academies are distinct from the typical courses offered at NDSS and are not selected during course selection.*** Please note the following process:

Sports Academy Courses

Academies are distinct from other NDSS programming and spaces are allocated by lottery system at the district level:

<https://www.sd68.bc.ca/programs/secondary-academies/>

Returning Academy Students

Currently enrolled Academy students must re-commit to their program by March 1, 2026 if they wish to continue in that sport next school year. Two items must be completed to re-secure a spot; a deposit payment of half of the 2026/2027 Academy Fees must be paid by March 1, 2026 in addition to completing the 'intent to return form' which can be found on the NDSS website. The remaining half of the 2026/2027 Academy fees are due by June 1, 2026.

Payments are made through the on-line cashless system and completed forms emailed to:

academiesndss@sd68.bc.ca

Prospective Academy Students

By March 1, 2026 any students interested in applying to an NDSS Sports Academy for the 2026/2027 school year can follow the process outlined on the district website: <https://www.sd68.bc.ca/programs/secondary-academies/>

FRENCH IMMERSION PROGRAM

Required courses for French Immersion Graduation:

Grade 10

- Français langue seconde (Immersion) 10
- Sciences humaines 10
- Sciences naturelles 10

Grade 11/12

- Communication orale 11 or Études du cinéma et de la littérature
- Français langue seconde – immersion 12
- Choose **one** of these four options:
 - Géographie humaine 12
 - Histoire du 20^e siècle 12
 - Education au choix de carrière et de vie 12 (CLC 12 en Français)- graduation requirement in either French or English
 - Science médico-légale 11

FRANÇAIS LANGUE SECONDE: IMMERSION 10 (FFRAL10)

Ce cours approfondit la compréhension des variations linguistiques, l'analyse de textes et l'exploration des personnages pour mieux saisir la complexité humaine. Les élèves enrichissent leur écriture et leur interprétation grâce aux éléments poétiques et aux techniques d'analyse littéraire.

COMMUNICATION ORALE 11 (FSPLG11)

Plongez dans la culture francophone en analysant, créant et partageant des textes qui font vivre la langue. Développez votre confiance et vos talents en communication en pratiquant l'écoute active et l'écriture pour des situations réelles et passionnantes.

Études du cinéma et de la littérature francophones 11 (FLTST12)

Dans ce cours, les élèves étudient des films et des œuvres littéraires francophones pour mieux comprendre la culture et l'identité. Ils développent leurs compétences en communication en français tout en explorant différents textes et genres cinématographiques.

FRANÇAIS LANGUE SECONDE: IMMERSION 12 (FFRAL12)

Ce cours consolide les compétences linguistiques et culturelles nécessaires au diplôme bilingue et explore les facteurs qui façonnent l'identité francophone et bilingue. Les élèves analysent divers textes, développent leur pensée critique et perfectionnent leur communication pour des contextes personnels, scolaires et professionnels.

SCIENCES NATURELLES 10 (FSCF-10)

Les élèves étudient l'énergie, les réactions chimiques, la formation de l'univers et la génétique en suivant les objectifs prescrits par le ministère. Le cours met l'accent sur la méthode scientifique et le développement des compétences d'enquête.

SCIENCES HUMAINES 10 (FSCH-10)

Ce cours examine les événements et idées majeurs de 1914 à aujourd'hui à travers l'analyse, le débat et la pensée critique. Les élèves étudient les conflits mondiaux, l'évolution politique, les perspectives sociales et les injustices historiques qui ont façonné le Canada moderne.

GÉOGRAPHIE HUMAINE 12 (FHGEO12)

Les élèves analysent les relations entre les humains et leur environnement à l'aide de cartes, de données et d'images satellites. Le cours explore comment les facteurs environnementaux influencent les cultures, les économies et les sociétés à l'échelle mondiale.

HISTOIRE DU MONDE AU XXe SIÈCLE 12 (FWH--12)

Ce cours explore le nationalisme, les idéologies, les technologies et les transformations politiques qui ont façonné le 20^e siècle. Les élèves examinent comment ces forces ont uni ou divisé les peuples et redéfini les structures mondiales.

SCIENCE médico-légale 11 (Forensic Science 11 Immersion) (YPSS-1A)

Le cours de science médico-légale en immersion française vise à fournir une introduction à la compréhension des sciences utilisées pour la résolution de crimes. Un fort accent sera mis sur les techniques et les méthodes scientifiques utilisées pour collecter et évaluer les preuves physiques trouvées sur le lieu d'un crime. Les étudiants enquêteront sur les empreintes digitales et les empreintes ADN ; ils étudieront la nature et l'origine des éclaboussures de sang, la balistique, la toxicologie, ainsi que l'entomologie médico-légale et l'anthropologie médico-légale.

ÉDUCATION AU CHOIX DE CARRIÈRE ET DE VIE 12 (FCLC 12 en Français)

Ce cours guide les élèves dans la création de leur projet Capstone, où ils synthétisent leurs expériences, leurs forces et leurs passions pour démontrer leur préparation à l'avenir. Les élèves conçoivent et présentent un projet personnel significatif qui met en lumière leur parcours d'apprentissage et leurs objectifs futurs.

PROGRAMME FRANCOPHONE 10^e à 12^e

Le programme francophone vise les élèves ayant droit qui répondent aux [conditions d'admission du CSF](#). La vision du CSF est de promouvoir la collaboration, l'innovation et l'engagement pour la réussite de tous les apprenants dans un milieu francophone. Notre mission est d'inspirer une communauté d'apprenants par une éducation innovante, une culture francophone vivante et partagée ainsi que par l'acquisition d'habiletés essentielles de vie et d'avenir. Par l'entremise des trois principaux volets du programme, soit la communication, la culture et l'affirmation de soi, le programme francophone aide l'étudiant à mieux connaître la diversité de la Francophonie, à se positionner dans son milieu en tant que Franco-Colombien et à devenir un citoyen fier et à part entière. Les étudiants francophones sont groupés ensemble pour leur cours de français langue première, de sciences humaines et d'éducation à la carrière. Ils sont intégrés avec les étudiants d'immersion pour les cours de mathématiques et de sciences naturelles. Les élèves de la 8^e année à la 12^e année ont la possibilité de suivre des cours en ligne avec l'école virtuelle du CSF. Ces cours sont offerts en français et permettent d'accumuler des crédits pour l'obtention du diplôme.

SCIENCES HUMAINES 10 (FSCH-10-PS)

Grandes Idées :

- Les conflits mondiaux et régionaux constituent autant de forces puissantes qui ont façonné le monde et les identités d'aujourd'hui.
- Les facteurs économiques, sociaux, idéologiques et géographiques influent sur le développement des institutions politiques.
- Les visions du monde donnent lieu à différentes perspectives et idées sur l'évolution de la société canadienne.
- Les injustices historiques et contemporaines remettent en question le discours dominant et l'identité du Canada en tant que société multiculturelle et ouverte à tous.

SCIENCES HUMAINES 11-exploration en sciences humaines et sociales 11 (FEPSS11-PS)

- Le programme d'exploration en sciences humaines et sociales de 11^e année est conçu de manière à offrir une certaine souplesse tout en répondant aux normes rigoureuses des programmes d'études. L'enseignante élabore un cours adapté aux champs d'intérêts de ses élèves, à ses points forts et aux cours offerts dans son école en combinant des grandes idées et du contenu et en leur annexant des approfondissements liés aux compétences disciplinaires.

FRANÇAIS LANGUE PREMIÈRE 10 – Études littéraires et artistiques + Expression orale (FLAEO10-PS)

Grades idées :

- La réflexion et les échanges sur un texte enrichissent la compréhension de soi, de l'autre, d'une époque et du monde.
- La précision langagière aide à développer la pensée critique et la pensée créative.
- La compréhension de la forme d'un texte permet d'en apprécier son esthétique et son sens.
- L'œuvre littéraire et artistique reflète la culture et l'histoire francophone mondiale à travers la perception de son auteur.
- Un texte est nécessairement lié au temps et à l'espace.
- L'art de la persuasion passe par le pouvoir de la voix.

FRANÇAIS LANGUE PREMIÈRE 11 – Études littéraires et artistiques + Nouveaux médias (FELNM11-PS)

Grades idées :

- La langue est un moyen d'exploration de soi, de l'autre et du monde, ainsi qu'un outil de production de sens profond.
- La précision langagière aide à développer la pensée critique et la pensée créative.
- La compréhension de la forme d'un texte permet d'en apprécier son esthétique et son sens.
- L'œuvre littéraire et artistique reflète la culture et l'histoire de la francophonie à travers la perception de son auteur.
- Un texte est nécessairement lié au temps et à l'espace de sa création et de sa réception.
- La citoyenneté numérique implique une prise de conscience de l'impact des nouveaux médias sur soi, sur l'autre et sur le monde.

FRANÇAIS LANGUE PREMIÈRE 12 – Français langue et culture 12 (FFCT-12-PS)

Grades idées :

- La langue est un moyen d'exploration de soi, de l'autre et du monde, ainsi qu'un outil de production de sens profond.
- Les formes linguistiques ont des significations multiples qui sont activement co-construites.
- Un texte se conçoit en lien ou en rupture avec des conventions déjà établies.
- L'œuvre littéraire et artistique reflète la culture et l'histoire de la francophonie à travers la perception de son auteur.
- L'éloquence passe par le pouvoir et le mode de présentation de la voix.

Éducation au choix de carrière et de Vie 10 – (FCLE-10-S)

Grades idées :

- Le développement de la carrière et de la vie est effectué dans le cadre d'un cycle répété d'exploration, de planification, de réflexion, d'adaptation et de prise de décisions.
- Les décisions de carrière et de vie sont influencées par des facteurs internes et externes, notamment par les tendances locales et mondiales, et peuvent aussi influencer ces facteurs.
- L'établissement d'un réseau social et de relations réciproques peut faciliter la prise de conscience et générer de nouvelles possibilités en matière de carrière et de vie et en élargir la portée.
- Le sentiment d'avoir un but dans la vie et l'équilibre travail-vie contribuent au bien-être.
- L'apprentissage continu et la participation citoyenne active font naître des possibilités de carrière et de vie pour les gens et dans les collectivités.

Arts visuels en atelier 10^e (FVAST10—S)

Grandes idées :

- Le but d'un artiste est de transformer des matériaux en œuvre artistique.
- L'expérience esthétique permet de communiquer des traditions, des perspectives, des visions du monde et des récits.
- Évoluer en tant qu'artiste demande du temps, de la patience et de la réflexion.
- Les créations d'arts visuels reposent sur l'interaction entre l'esprit et le corps.
- Les arts visuels offrent des manières uniques d'explorer l'identité et le sentiment d'appartenance.

ELECTIVE COURSES

LANGUAGES

CORE FRENCH 10 (MFR--10)

Students strengthen their communication skills and deepen their appreciation of Francophone cultures through new grammar, vocabulary, and conversational themes. A variety of activities—including projects, presentations, and language practice—supports growth in reading, writing, speaking, and listening.

Prerequisite: *Core French 9*

CORE FRENCH 11 & 12 (MFR--11) & (MFR--12)

These courses build on prior learning by expanding students' mastery of grammar, vocabulary, and cultural understanding. The focus is on developing confidence in conversational French and strengthening reading, writing, and listening skills for academic, travel, and professional contexts. **Prerequisite:** *Core French 10*

HUL'Q'UMI'NUM 10-12 (MHULQ10), (MHULQ11) & (MHULQ12)

The aim of this First Nation language course is to develop some basic comprehension of the Hul'q'umi'num Coast Salish language and culture. It is expected that students will acquire basic communication skills in the Hul'q'umi'num language, develop cultural sensitivity, and acquire additional concepts about language and culture. All students are encouraged to enroll in this Coast Salish language course.

SPANISH 10 (MSP--10)

This course is designed for students who have completed Spanish 9 and offers an oral and written approach to Spanish. Students will develop new skills such as speaking in past tense and using reflexive verbs, learning through review of grammar, vocabulary building, oral and written exercises, and conversations. Students are introduced to features of Hispanic culture including customs and contemporary lifestyles.

BEGINNERS' SPANISH 11 (MBSP-11)

This course is designed to help students develop the four basic language skills. It is an accelerated program, which enables students to complete Spanish 9 and 10 in one semester.

Students planning to take this course must be well motivated and be determined to work. Students should select Beginners' Spanish 11 and Spanish 11 in the same year. Beginners' Spanish 11 does not fulfill the second language requirement.

SPANISH 11 (MSP--11)

This course builds on skills introduced at the Grades 9 and 10 levels, but also teaches the imperfect tense. More emphasis is placed on the reading and written aspects of the course as well as vocabulary and general knowledge of the Hispanic world. Oral presentations and written assignments will expand the core materials of the course.

Prerequisite: *Spanish 10*

SPANISH 12 (MSP--12)

The grade 12 program builds on the knowledge acquired at the junior and grade 11 levels. The students will learn the future tense and other more sophisticated language structures. They will continue to develop an ever-increasing vocabulary base and mastery of language structures in preparation for university or other post-secondary opportunities.

Prerequisite: *Spanish 11*

BUSINESS EDUCATION

MARKETING AND PROMOTION 11 (MMAP-11)

This hands-on course introduces retail marketing with a focus on Canada's business market. You'll learn how marketing connects to consumers, explore social and ethical issues, and use technology to create marketing strategies.

ENTREPRENEURSHIP 12 (MENT-12)

This course will focus on the human-centered design process which begins with building relationships and deep empathy. It includes generating a variety of possible ideas, building and testing prototypes with the people you're designing for, and eventually implementing new solutions into the world to improve lives.

TOURISM 11/12 (MTRM11/ MTRM12)

Tourism is one of the largest and fastest-growing sectors of our local economy, as well as a driver for development around the world. In this course, students will learn about what makes local and global destinations attractive, how to design successful tourism offerings, and factors that influence tourism products and services. Students will also gain knowledge and skills for employment in the tourism industry.

ECONOMICS 12 (MEC—12)

Learn the foundations of economic theory, the role of markets and government, and how local and global economies function. You'll explore classical and sustainable models like Doughnut Economics, connect theories to current events, and prepare for first-year college or university economics courses.

MEDIA ARTS

MEDIA ARTS: MUSIC AND PODCAST PRODUCTION 11 (MVAM11-SRS)

Learn the fundamentals of sound and recording while exploring music, podcasts, and audio media. Analyze their cultural impact and create your own music and podcast projects. Perfect for students passionate about audio production.

MEDIA ARTS: MUSIC AND PODCAST PRODUCTION 12 (MVAM12-SRS)

Advance your skills in sound and recording by producing original music and media projects. Study the influence of audio on society and demonstrate your creativity through hands-on work. Ideal for students interested in music or podcast creation.

FILM STUDIES AND PRODUCTION 11(media arts) (MDFT-11)

Watch, analyze, and create films while learning the filmmaking process. Collaborate on short film projects in a fun, challenging environment. Great for film enthusiasts and those curious about careers in the film and TV industry. (semester 1 course).

FILM STUDIES AND PRODUCTION 12 (media arts) (MDFT-12)

Deepen your understanding of film through analysis and hands-on production. Work on short films and explore techniques used in the industry. A creative, collaborative course for students passionate about film and media. (semester 1 course)

INFORMATION TECHNOLOGY

MEDIA DESIGN: INFORMATION TECHNOLOGY 10 (MMEDD10ITS)

This course introduces students to Media Design through hands on projects using tools such as Photoshop, Illustrator for graphic design, video editing, and audio creation. Students develop strong foundations in visual communication, creative problem solving, and digital workflows. It is intended for students ready to move beyond introductory skills and prepares them for more independent work in Grades 11 and 12.

MEDIA DESIGN: INFORMATION TECHNOLOGY 11 (MMEDD11)

Media Design 11 builds on the skills and processes developed in Media Design 10, with increased emphasis on independence and project planning. Students refine their skills in graphics and digital media while working on more complex and personalized projects. This course is suited for students who are prepared to manage longer term work and develop portfolio quality pieces.

MEDIA DESIGN: INFORMATION TECHNOLOGY 12 (MMEDD12)

Media Design 12 is a project driven course centered on a major, semester long media design project. Students apply previously learned skills to plan, develop, and complete work in an area of their choice while meeting established goals and deadlines. This course is designed for students seeking advanced portfolio development for post-secondary or industry pathways.

WEB DEVELOPMENT GRADE 10 (MWBDV-10)

Web Development 10 introduces students to building websites using HTML, CSS, and introductory JavaScript. Students learn how web pages are structured, styled, and made interactive through practical projects. This course is suitable for students ready to engage with technical problem solving and logical thinking in a web-based environment.

COMPUTER STUDIES GRADE 10 (MCSTU-10)

Computer Studies 10 provides a broad introduction to programming concepts, computer systems, networking, and digital literacy. Students explore problem solving through coding, basic game design, and hands on technical activities. The course supports students who are considering further study in programming, web development, or senior level computer science courses.

COMPUTER PROGRAMING GRADE 11 (MCMPR-11)

Computer Programming 11 focuses on developing programming skills through languages such as Python and C#. Students learn to design, test, and refine programs while strengthening logical thinking and persistence. This course is intended for students who already have experience with basic programming concepts and are ready to work at a faster pace.

COMPUTER PROGRAMMING GRADE 12 (MCMPR-12)

Computer Programming 12 extends the skills developed in Programming 11 through more complex programming challenges and independent project work. Students complete a major programming project in a language or focus area of their choice, such as software development or game design. This course supports students planning post-secondary pathways in computer science, engineering, or technology related fields.

TECHNOLOGY EDUCATION

Students who choose technology education courses will gain knowledge and experience that will aid in their pursuit of a healthy, well-balanced lifestyle of career and leisure activities.

In general, some knowledge of drafting is useful in the Industrial Technologies; because of the nature of these courses, it is essential that every student realize that success will largely depend upon their regular attendance and serious attention to the work required.

All courses labeled 10 or 11 are entry-level courses.

WOODWORK 10 (MWWK-10)

Learn to work creatively with different types of wood, including exotic varieties. You'll practice safe use of hand tools, power tools, and machines while making functional and attractive projects. Techniques like laminating, shaping, and inlaying will be explored.

WOODWORK: CABINETMAKING & JOINERY 11 (MWWK-11)

Designed for the more experienced woodworker, this course will allow some freedom in exploring projects while at the same time learning some advanced methods of joinery. If students do not possess previous woodworking experience, a suitable project will be offered. *This course meets the Applied Skill requirement for graduation.*

WOODWORK: FURNITURE & CABINETRY 12 (MWWK-12)

This is an advanced joinery course dedicated to the methods used in fine furniture making and cabinetry. The project work will be challenging and designed by the student. Instruction in advanced joinery methods and delicate lathe artistry will be provided. *Prerequisite: construction 11A (Joinery). This course meets the Applied Skill requirement for graduation.*

POWER TECHNOLOGY 10 (MTPOW10)

Explore automotive basics like engines, tires, and brakes through hands-on shop work. You'll diagnose and repair vehicles while learning real-world procedures. Completing this course prepares you to maintain your own car. Power Tech 9 is recommended but not required. Power tech 9 is recommended but not required.

AUTOMOTIVE TECHNOLOGY 11 (MTAUT11)

This is an introductory course to explore such automotive topics as engine theory and operation, basic fuel and electrical systems, power transmission, suspension, and brake components. Some computer testing equipment will be introduced. This course meets the Applied Skill requirement for Graduation. This course is a preferred prerequisite for the Auto Program.

AUTOMOTIVE TECHNOLOGY 12 (MTAUT12)

This is a hands-on course designed to cover the operation and repair of the automobile. Engine rebuilding will be covered as well as fuel and ignition systems, electronic components, and computer controls. This course meets the Applied Skill requirement for graduation. This course is a preferred prerequisite for the CTC Auto Program.

METALWORK 10 (MTMET10)

Develop metalworking skills through machining, welding, sheet metal, and forging projects. Learn advanced measurement techniques and explore trades related to metalwork. Meets Applied Skills requirement for graduation.

METALWORK 11 (MTMET11)

Advance your skills in welding and machining with high precision. Techniques include MIG, TIG, Arc welding, and advanced lathe and milling work. Recommended: 67% or higher in Metalwork 10. Meets Applied Skills requirement for graduation.

METALWORK 12 (MTMET12)

Design and build creative metal projects using advanced techniques like forging, machining, and jewelry making. Students complete at least two major projects and calculate material costs. Recommended: 73% or higher in Metalwork 11. Meets Applied Skills requirement for graduation.

DRAFTING 10 (MTDRF10)

Learn the basics of technical drawing and Computer-Aided Drafting (CAD). Create 2D and 3D designs and complete an architectural project. About one quarter of the course focuses on CAD skills.

DRAFTING 11 (MTDRF11)

Focus on advanced AutoCAD and 3D modeling while learning architectural design. Projects include creating your dream home and technical drawings to industry standards. Meets Applied Skills or Fine Arts requirement for graduation.

This course meets the Applied Skill or Fine Art requirement for graduation.

DRAFTING 12 (MTDRF12)

This course includes mechanical, structural and pattern development assignments. A study is made of contemporary house designs and of residential standards. Areas covered in the course include solar and energy conservation, checking and estimating skills, pictorial delineation drawings and alternative construction.

ROBOTICS 10-12 (MTEAR10), (MTROB11) & (MTROB12)

Design and build robots, machines, and engineering projects using coding, sensors, and microcontrollers. Apply math and science concepts to solve real-world challenges through prototyping and testing. Great for students interested in STEM and hands-on problem solving.

DRAMA 10-12

DRAMA 10, 11 ,12 (MDRM-10, MDRM-11, MDRM 12)

Drama offers students opportunities to develop their dramatic skills in both onstage and offstage areas to gain deeper understanding of themselves and others. Students will work together to perform a semester end one act play(s).

MUSICAL THEATRE 10, 11, 12 (MMUTH10, MMUTH 11, MMUTH 12):

Students will be given opportunities to develop **EITHER** their singing, dancing, and acting skills OR design and build design elements related to the production of a full-length musical. Students are expected to attend rehearsals and performances outside of class time. This year's musical is **Anastasia** and performances will be at the Port Theatre Jan 2027. AUDITIONS FOR STAGE ROLES ARE LATE MAY/EARLY JUNE.

HOME ECONOMICS

Textiles, Child Development and Caregiving, Food Studies and Cafeteria. These courses meet the Applied Skills requirements for graduation.

TEXTILES 10 (MTXT-10)

Learn to design and sew garments using both hand and machine techniques. Explore fashion illustration, pattern drafting, and creative projects like upcycling clothing. Discover how textile choices impact the environment while expressing your creativity.

TEXTILES 11 (MTXT-11)

Build advanced sewing skills and create projects using natural and manufactured fabrics. Learn fabric construction, embellishment techniques, and pattern modification. Continue developing fashion design skills by creating prototypes and unique textile items.

TEXTILES 12 (MTXT-12)

Design patterns using draping and flat methods, then create projects based on your skill level. Explore costume design, cosplay, and historical textile influences, including those of Canada's First Peoples. Use advanced sewing techniques to bring your ideas to life.

CHILD DEVELOPMENT AND CAREGIVING (Family Studies) 12 (MCDAC12)

Study child development from conception to adolescence, including pregnancy, childbirth, and developmental stages. Learn theories of growth and cultural influences while gaining hands-on experience with children and computerized babies. Perfect for students interested in childcare or education.

FOOD STUDIES 10 (MFOOD10)

Cook your way across Canada while learning about nutrition, safety, and meal planning. Explore ethnic dishes, First Nations cuisine, and West Coast foods. Gain practical cooking skills and enjoy a culinary adventure.

FOOD STUDIES 11 (MFOOD11)

Learn to prepare meals for yourself and others while studying food safety and global food systems. Cook international dishes and create group buffets. Students may choose recipes to develop personal cooking skills.

FOOD STUDIES 12 (MFOOD12)

Master advanced cooking techniques and prepare specialty dishes from around the world. Learn about food safety, presentation, and nutrition while making delicacies like sushi, samosas, and biscotti. Explore global cuisine and the science behind ingredients.

CULINARY ARTS 10-12 (MCUL-10), (MCUL-1A/1C) & (MCUL-2A/2C)

A = Beginner C = Advanced (For students who wish to take the course twice in one year).

The purpose of Cafeteria Training is to introduce a professional kitchen and the ways in which it operates. Cafeteria Training focuses on quality food preparation and service. Students develop the skills necessary for commercial food preparation as they participate in activities related to receiving, storing, preparing, and presenting nutritious foods. In the NDSS cafeteria, students will learn the ins and outs of becoming cooks. Cafeteria Training is a great beginning for students interested in becoming a chef, restaurant owner, or simply learning to cook for pure enjoyment.

VISUAL ARTS 10 - 12

ART STUDIO 10 (MVAC-10)

Art Studio 10 provides students with a foundation in art media, techniques, and methods in a range of art forms through exploration in drawing, painting, sculpture and printmaking. The focus of this course is to explore, build, and expand their skills and knowledge necessary to be expressive, creative, and authentic in their art making. No previous art experience is required.

ART STUDIO 11-12 (MVA11), (MVA12)

Art Studio 11 and 12 is a course that studies the creative process using a range of art forms through exploration in drawing, painting, sculpture and printmaking to convey ideas. Students will engage in creating art pieces and resolving creative challenges while expanding personal awareness, expression, and creativity. No previous visual art experience is required.

STUDIO ARTS 3D 11-12 -- SCULPTURE (MVAC-11), (MVAC-12)

Studio Arts 3D is a course that studies sculpture and design as a means of creative expression and communication. Students are provided with a foundation in 3D media, techniques and methods that utilize a variety of materials, processes, and innovations to explore and expand on the element of form. Previous visual art experience in Art Studio classes is recommended but no necessary.

STUDIO ARTS 2D 11-12 – PAINTING (MVAD-11), (MVAD-12)

Studio Arts 2D is a course that studies drawing and painting as a means of expressing thoughts and emotions through 2D creations. Students will explore the reciprocal relationships between 2D artistic works, culture, and society by focusing on developing their drawing and painting skills and techniques with a variety of media. Previous visual art experience in Art Studio classes is recommended but no necessary.

GRAPHIC ARTS 11-12 (MVGA11), (MVGA12)

Explore graphic design and printmaking to communicate ideas visually. Learn image development strategies through individual projects and group collaborations that build creativity and personal expression. Graphic Arts 11 is introductory, while Graphic Arts 12 offers advanced techniques—no prior art experience required.

DIGITAL ARTS 11-12 (MDMD-12--S)

Digital Art is a studio-based visual arts course where students create original artwork using digital tools such as Procreate and drawing tablets. The course focuses on illustration, comics, digital painting, and creative experimentation while developing strong design skills and personal artistic voice.

STUDIO ARTS 3D: POTTERY 10 (MVAC-10POS)

Learn basic hand-building techniques like pinch, coil, slab, and sculptural forms, plus an introduction to wheel work. Create ceramic projects while solving design challenges using various methods.

STUDIO ARTS 3D: POTTERY 11 (MVAC-11POS)

Develop intermediate ceramics skills and explore different media and techniques. Choose an area of focus to express your creativity through personalized projects.

STUDIO ARTS 3D: POTTERY 12 (MVAC-12POS)

Advance your ceramics skills with complex forming methods such as large thrown forms, hollow ware, and sculptural pieces. Emphasis is on aesthetics, craftsmanship, and creating a personal body of work.

PHOTOGRAPHY & FILM PRODUCTION 10 (MVAPH10)

Get hands-on experience in photography and film production through creative projects and local field trips. Learn the basics of capturing and editing images and video in a fun, engaging environment.

PHOTOGRAPHY 11 (MVAPH11)

Learn the full photography process, from planning and shooting to editing with Adobe Lightroom and Photoshop. Explore design elements, exposure settings, and different genres while building confidence with your camera.

PHOTOGRAPHY 12 (MVAPH12)

Refine your photography skills and deepen your understanding of advanced techniques. Continue working with Lightroom and Photoshop while creating compelling images through hands-on projects and field trips.

MEDIA DESIGN: YEARBOOK 10 (MMEDD10)

Create the NDSS Yearbook through collaborative design work. You'll learn photography basics, design principles like typography and layouts, and develop skills in organization and time management. Your work can also be included in a portfolio for post-secondary applications.

GRAPHIC PRODUCTION: YEARBOOK 11-12 (MGRPR11) & (MGRPR12)

Work collaboratively to design and produce the NDSS Yearbook. You'll learn photography basics, design principles like typography and layouts, and build skills in organization and time management. Your projects can also be included in a portfolio for post-secondary applications.

DANCE 10-12

The NDSS Dance program has a place for all dancers of every skill level and experience. Please read all information carefully to ensure you are in the correct course.

DANCE PERFORMANCE 10 – 12 (MDNTP10, MDNTP11, MDNTP12)

This course is designed for dancers who are interested in developing their technical and performance skills. Participation in the semester end showcase at VIU is expected.

DANCE CHOREOGRAPHY 10 – 12 (MDNC10, MDNC11, MDNC-12)

This course is designed for dancers who are interested in developing their choreography and leadership skills in addition to what is learned in Dance Performance. Participation in the semester end showcase at VIU is expected

Students wishing to take dance both semesters should select both **DANCE PERFORMANCE** and **DANCE CHOREOGRAPHY**. Students wishing to take the course once and wish to choreograph a piece for the class to perform, should select **DANCE CHOREOGRAPHY**. Students who do not wish to choreograph for their class should select **DANCE PERFORMANCE**.

MUSIC 10 – 12

CONCERT BAND 10–12 (MMUCB10, MIMUCB11 & MIMUCB12)

Build on skills from Music 8 and 9 while performing in concerts, festivals, and travel opportunities. In second semester, students may join the musical theatre pit band.

JAZZ BAND 10–12 (MMUJB10-Y, MIMJUB11 & MIMJUB12)

Play jazz charts and learn improvisation in a performance-based ensemble. This class may run in or outside of the timetable depending on enrollment, with multiple concerts and festivals throughout the year.

MUSIC MIX 10–12 (MMUCM10, MMUCM11, MMUCM12)

Music Mix 10-12 is a combination course of Piano/Guitar/Bass 10-12, Spirit of the Drum 10-12, or Vocal Techniques 10-12, Musicianship/Music Industry 10-12, or Composition/DJ. Each independent course variant will be determined by the student and teacher upon enrolling in the Music Mix block. Students will work on music of interest as well as assigned music from the instructor.

SPECIAL COURSES 10 – 12

WEST COAST WILDERNESS STUDIES 10-12 (YPR—OA, MODED11, MODED12)

Learn outdoor skills, environmental awareness, and safe decision-making through hands-on activities and field trips. Families should expect a fee of up to \$200 for trips and certifications. (Not a PE credit.)

LEADERSHIP 10–12 (YCPA-0A, YCPA-1A & YCPA-2A)

The Leadership 10–12 course helps students build strong leadership skills through hands-on projects, service learning, and the guiding principles of the Seven Sacred Teachings and First Peoples Principles of Learning. Students develop confidence as reflective, collaborative, and responsible leaders while planning school events, mentoring peers, and contributing to their community. Those choosing the International Ambassador focus support incoming international students through cultural exchange and welcoming activities, helping create an inclusive school environment.

ATHLETIC LEADERSHIP 10–12 (YHRA-01--S, YCPA-1AATS & YCPA-2AATS)

Support school sports by coaching, refereeing, and organizing events. Learn leadership, communication, and time management skills while earning certifications for your graduation portfolio.

PEER TUTORING 10-12 (YIPS-0A), (YIPS-1A) & (YIPS-2A)

Become a trained peer tutor and help fellow students succeed while developing your own learning and leadership skills. Training includes study strategies, communication, and interpersonal skills. Open to Grades 10–12, with options for English and French Immersion.

PSYCHOLOGY 12 (YPSYC2A)

Explore human behavior and mental processes through topics like development, learning theories, personality, and mental health. Learn about treatment approaches and research while critically examining psychological concepts.

WORK EXPERIENCE 12A & 12B (MWEX-2A-Y) & (MWEX-2B-Y)

non-paid or paid placements, you'll develop employability, technical, and safety skills while working a minimum of 90 hours in one or more workplaces. WEX 12B requires completion of WEX 12A and a different role or site for the second placement.

SPORTS HISTORY 12B (YLRA-2B)

Sports History 12 examines how sport shapes—and is shaped by—cultural, social, political, economic, and technological forces in Canada and around the world. The course highlights the roles and experiences of diverse groups, including Indigenous peoples, and considers how movements for equity and inclusion continue to influence sporting cultures.